



How to use Narcan® nasal spray for an opioid overdose or poisoning.

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## 1 OD or Poisoning

- B** Breathing shallow or stopped
- L** Lips are blue or purple
- U** Unresponsive - shake, call name
- E** Eyes are pinpoint



## 2 Prepare Narcan

Remove from packaging.  
**Do not press plunger until you are ready to administer. There is only one dose per plunger.**



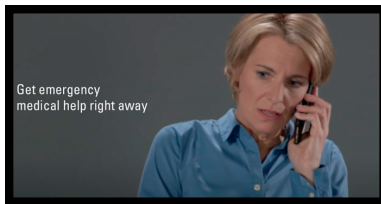
## 3 Prepare Victim

Tilt the person's head back and provide support under the neck with your hand.



## 4 Dispense Narcan

Insert the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose. Firmly press the plunger. Remove nozzle.



## 5 Call 911

Tell the dispatcher someone has overdosed or has been poisoned with Fentanyl. **DO NOT LEAVE.** You and the person are protected under Florida law from being charged with drug possession.



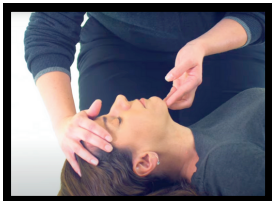
## 6 Recovery

Put person in the recovery position. **If the person does not respond in 1 minute, give them another dose in the other nostril. Additional doses can be repeated every 2 minutes.**



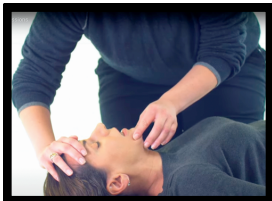
If the person is not breathing, perform rescue breathing and CPR.

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### 1 Position Head

Tilt the head back, and lift the chin.



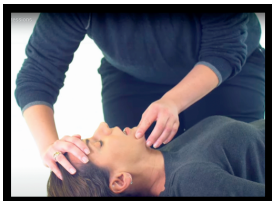
### 2 Clear Airway

Ensure the mouth is clear of any obstruction.



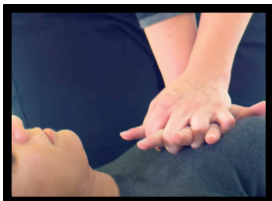
### 3 Rescue Breathing

Pinch the nose, and cover their mouth with yours. Give two rescue breaths, ensure the chest is rising.



### 4 Try Again

If their chest doesn't rise, reposition and try again. Once you have given two breaths, do 30 chest compressions.



### 5 Chest Compressions

Interlock your hands and place the heel of your hands directly in the middle of the sternum. Push hard and fast 30 times.



### 6 Repeat

Repeat 2 breaths and 30 compressions until first responders arrive.

## Caring for someone after you give Narcan®

- Call 911 and tell them Naloxone has been given.
- Stay with the person, turn them on their side (recovery position) to prevent them from choking.
- When the person wakes up, explain what happened. Tell them not to take anymore drugs.
- Naloxone, the medication in Narcan® wears off in 30 to 90 minutes. Stay with the person until they go to the hospital, or until the medicine wears off to make sure they do not pass out again.
- If medical care is not sought, stay with the person for at least 3 hours and watch for signs of returning symptoms.
- Go back to the source that gave you Naloxone and obtain more.

REMEMBER: ILLICIT FENTANYL IS **POISONOUS AND LETHAL** AND HAS CONTAMINATED THE ENTIRE U.S. DRUG SUPPLY. **DON'T TAKE ANY DRUG OR CONSUME ANY PILLS FROM FRIENDS, PURCHASED ONLINE OR FROM CRIMINAL DEALERS. YOUR LIFE MATTERS.**

*The Blue Plaid Society*